

Armin Arshi, MD
3851 Katella Avenue, Suite 202
Los Alamitos, CA 90720
Phone: (562) 206-0177
arminarshimd@gmail.com

EDUCATION

- Doctor of Medicine (M.D.)** 2012 – 2016
David Geffen School of Medicine at UCLA
Alpha Omega Alpha (ΑΩΑ) Honor Medical Society
- Bachelor of Science (B.S.), Bioengineering** 2008 – 2012
University of California at Los Angeles
Summa Cum Laude
Technical Breadth in Materials Science and Engineering

POSTGRADUATE TRAINING

- Fellowship, Adult Hip and Knee Reconstruction** 2021 – 2022
Division of Arthroplasty, Department of Orthopaedic Surgery
Rothman Orthopaedic Institute / Thomas Jefferson University Hospital, Philadelphia, PA
Director: Matthew S. Austin, MD
- Residency, Orthopaedic Surgery** 2016 – 2021
Department of Orthopaedic Surgery
UCLA Medical Center, Los Angeles, CA
Administrative Chief Resident (2020-2021)
Director: Nelson F. SooHoo, MD

ACADEMIC APPOINTMENTS

- Assistant Professor** 2022 – 2025
Department of Orthopedic Surgery
NYU Grossman School of Medicine, New York, NY
NYU Langone Health, New York, NY

PROFESSIONAL APPOINTMENTS

- Attending Orthopaedic Surgeon** 2025 – present
Beach Orthopaedic Specialty Institute, Los Alamitos, CA
UCI Health – Los Alamitos, Los Alamitos, CA
Prime Surgical Center, Newport Beach, CA
MemorialCare Outpatient Surgical Center, Long Beach, CA
- Attending Orthopaedic Surgeon** 2022 – 2025
NYU Langone Orthopedic Hospital, New York, NY
NYU Langone Hospital – Brooklyn, Brooklyn, NY
NYU Langone Tisch Hospital / Kimmel Pavilion, New York, NY

PROFESSIONAL LICENSURE AND CERTIFICATIONS

Fellow, American Academy of Orthopaedic Surgeons (FAAOS)	2025
Fellow, American Association of Hip and Knee Surgeons (FAAHKS)	2024
Diplomate, American Board of Orthopaedic Surgery (ABOS)	2024
Qualified Medical Evaluator, State of California	2025
Fluoroscopy Supervisor and Operator Permit: RHC 00205057	2019 – present
Physician and Surgeon	
California Medical License: A151165	2017 – present
New York Medical License: 315319	2022 –2027
Pennsylvania Medical License: MD473288	2021 – 2022
New Jersey Medical License: 25MA10990300	2020 – 2023
National Provider Identifier: 1790148070	2016 – present
Diplomate, National Board of Medical Examiners	2017

PROFESSIONAL AND SCHOLARLY SOCIETY MEMBERSHIP

Alpha Omega Alpha (ΑΩΑ) Honor Medical Society
American Academy of Orthopaedic Surgeons (AAOS)
American Association of Hip and Knee Surgeons (AAHKS)
American Medical Association (AMA)
Biomedical Engineering Society (BMES)
International Consensus Meeting (ICM) on Infection
International Society for Technology in Arthroplasty (ISTA)
Western Orthopaedic Association (WOA)

AWARDS AND HONORS – ACADEMIC

Administrative Chief Resident, UCLA Department of Orthopaedic Surgery	2021
Stafford L. Warren Medal: Most Outstanding Graduating Medical Student, UCLA School of Medicine	2016
Alpha Omega Alpha (ΑΩΑ) Honor Medical Society	2015
UCLA School of Medicine Leaders of Tomorrow Scholarship	2012
Edward K. Rice Undergraduate Engineering Achievement Award	2012
Most Outstanding Graduating Bachelor of Science, UCLA School of Engineering & Applied Science	2012
Hosmer T. Stone Prize for Excellence in Chemistry, UCLA College of Letters & Science	2009
UCLA Regents Scholarship	2008
National Merit Scholarship	2008

AWARDS AND HONORS – RESEARCH

Avant-Garde Health Orthopedic Research All-Stars	2024, 2025
Western Orthopaedic Association Annual Meeting Second Place Poster Award	2019
Prize for Best Clinical Science Paper, UCLA Orthopaedic Surgery Gerald Finerman Research Day	2018
California Orthopaedic Association J. Harold LaBriola Resident Research Award	2018
Best Paper, North American Spine Society (NASS) 2018 Annual Meeting	2018
“Game Changer” Paper Presentation, AAOS 2018 Annual Meeting	2018
Beverly Hills Iranian-American Doctors Research Merit Award	2013
NIH DEBUT Competition: 1 st Place in Diagnostic Device Design	2012
UCLA Dean’s Prize for Outstanding Undergraduate Research	2011
Oppenheimer Foundation Undergraduate Research Scholarship	2011
Howard Hughes Medical Institute Undergraduate Research Fellowship	2010
Milton Gottlieb Foundation Undergraduate Research Scholarship	2010

EDITORIAL SERVICE

Reviewer, <i>Journal of Bone and Joint Surgery</i>	2025 – present
Guest Editor, <i>Bioengineering</i>	2024 – 2025
Special Issue: Total Joint Arthroplasty: Technical Developments and Applications	
Editorial Board, <i>Journal of Arthroplasty</i>	2023 – present
Reviewer, <i>Orthopedics</i>	2020 – 2023
Reviewer, <i>Journal of Arthroplasty</i>	2017 – present
Reviewer, <i>Arthroplasty Today</i>	2018 – present
Reviewer, <i>Spine (Phila Pa 1976)</i>	2016 – 2020
Reviewer, <i>International Journal of Surgery</i>	2018 – 2021
Consultant Reviewer, <i>Magnetic Resonance Imaging</i>	2018

COMMITTEE MEMBERSHIP

External

Member-at-Large, AAOS Now Editorial Board	2025 – present
Liaison Member, 3 rd International Consensus Meeting on Musculoskeletal Infection: Hip & Knee	2025
Liaison Member, 3 rd International Consensus Meeting on Musculoskeletal Infection: General	2025
Delegate Member, International Consensus Meeting on Venous Thromboembolism: Hip & Knee	2022
Delegate Member, International Consensus Meeting on Venous Thromboembolism: General Orthopedics	2022
Alumni Advisory Board, UCLA Department of Bioengineering	2020 – present

Internal

Performance Improvement Committee, UCI Health – Los Alamitos Medical Center	2025 – present
Center for Quality and Patient Safety, NYU Langone Orthopedic Center	2024 – 2025
Joint Operations Committee, NYU Langone Orthopedic Hospital	2023 – 2025
Orthopedic Executive Committee, NYU Langone Hospital – Brooklyn	2024 – 2025
Infection Control Committee, NYU Langone Hospital – Brooklyn	2024 – 2025
Arthroplasty Fellowship Selection Committee, Rothman Orthopaedic Institute	2021 – 2022
Orthopedic Resident Education Committee, UCLA Department of Orthopaedic Surgery	2018 – 2021
Resident Selection Committee, UCLA Department of Orthopaedic Surgery	2017 – 2021

MENTORSHIP/ADVISORY EXPERIENCE

Residents

Alexander Upfill-Brown, MD (Fellowship: Hospital for Special Surgery, Spine Surgery)	UCLA, Class of 2025
Joseph X. Robin, MD (Fellowship: Duke University, Adult Reconstruction)	NYU, Class of 2025
Utkarsh Anil, MD (Fellowship, University of Utah, Adult Reconstruction)	NYU, Class of 2025
Yixuan (Melody) Tong, MD (Fellowship: Massachusetts General Hospital, Hand Surgery)	NYU, Class of 2026
Akram Habibi, MD (Fellowship: University of Pennsylvania, Adult Reconstruction)	NYU, Class of 2026
Amit Manjunath, MD (Fellowship: Rothman Institute, Adult Reconstruction)	NYU, Class of 2026

Clinical Research Fellows

Justin Magnuson (Residency: Orthopedic Surgery, AdventHealth-Rothman Florida)	Rothman Institute, 2022
Irfan A. Khan (Residency: Orthopedic Surgery, LSU-New Orleans)	Rothman Institute, 2022
Nicholas F. Cozzarelli (Residency: Orthopedic Surgery, Hackensack University)	Rothman Institute, 2023
Vinaya Rajahraman (Residency: Radiation Oncology, Tufts Medical Center)	NYU, 2023
Kyle W. Lawrence (Residency: Orthopedic Surgery, University of Utah)	NYU, 2023
Casey A. Cardillo (Residency: Orthopedic Surgery, Rutgers RWJ)	NYU, 2024
Anzar Sarfraz	NYU, 2025

Medical Students

William L. Sheppard, Jr. (Residency: Orthopedic Surgery, UCLA)	UCLA, Class of 2018
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Wilson C. Lai (Residency: Orthopedic Surgery, UC Irvine)	UCLA, Class of 2019
Rosa S. Valtanen (Residency: Orthopedic Surgery, Stanford)	UCLA, Class of 2019
Garrett K. Harada (Residency: Radiation Oncology, UC Irvine)	UCLA, Class of 2020
Brenda C. Iglesias (Residency: Orthopedic Surgery, University of Pittsburgh)	UCLA, Class of 2021
Lisa D. Su (Residency: Orthopedic Surgery, UCLA)	UCLA, Class of 2021
Troy Sekimura (Residency: Orthopedic Surgery, UCLA)	UCLA, Class of 2021
Alexandria Lichtl (Residency: ENT, OHSU)	NYU, Class of 2024
Lachlan Anderson	Texas Christian University, Class of 2027

Undergraduate Students

Yanjun Lin	Cornell University, Class of 2025
Tiarra Green (MD: Morehouse School of Medicine)	SUNY at Stony Brook, Class of 2023
Cynthia Thelisima	York College, Class of 2024

INTRAMURAL TEACHING EXPERIENCE

Lecturer, Resident Core Curriculum	2022 – 2025
Department of Orthopedic Surgery, NYU Langone Health	
<ul style="list-style-type: none"> • “Revision Total Knee Arthroplasty” • “Total Knee Arthroplasty: Principles and Instrumentation” • “Surgical Approaches in Total Hip Arthroplasty” • “Preoperative Templating in Total Hip Arthroplasty” 	
Lecturer, William L. Jaffe Adult Reconstruction Resident and Fellow Core Curriculum	2022 – 2025
Department of Orthopedic Surgery, NYU Langone Health	
<ul style="list-style-type: none"> • “The Painful Total Knee Arthroplasty” • “Bone Loss in Revision Total Knee Arthroplasty” • “Robotic Gap Balancing in Total Knee Arthroplasty” • “Beginning an Arthroplasty Practice: Lessons Learned” • “Taking and Passing ABOS Part II” • “Total Knee Arthroplasty for Post-Traumatic Osteoarthritis” • “Complications in DAA Total Hip Arthroplasty and How to Manage Them” 	
Undergraduate Tutor, Henry Samueli School of Engineering & Applied Science	2012
Department of Bioengineering, University of California at Los Angeles	
<ul style="list-style-type: none"> • BIOENGR 100: “Bioengineering Thermodynamics” – Winter 2012 	
Peer Learning Facilitator, Academic Advancement Program (AAP)	2009 – 2011
Student Diversity and Affairs, University of California at Los Angeles	
<ul style="list-style-type: none"> • CHEM 20A: “Chemical Structure” – Fall 2009, Fall 2010 • CHEM 20B: “Chemical Energetics and Change” – Winter 2010 • CHEM 20L: “General Chemistry Laboratory” – Winter 2010, Spring 2010, Winter 2010, Spring 2011 	

EXTRAMURAL TEACHING EXPERIENCE

Faculty, AAHKS Resident Lab Course, Dallas, TX	October 2025
Faculty, JBJS Miller's Orthopaedic Review Course, Part II	May 2025
Faculty, AAOS Part II Board Exam Preparation and Review Course, Rosemont, IL	May 2025
Faculty, Stryker Adult Reconstruction Resident Laboratory, Mahwah, NJ	April 2023

RESEARCH EXPERIENCE

- Principal Investigator** 2022 – 2025
Division of Adult Hip and Knee Reconstruction, NYU Langone Health
Collaborators: Ran Schwarzkopf, MD; Joshua C. Rozell, MD; Vinay K. Aggarwal, MD; Claudette Lajam, MD; Joseph A. Bosco, MD; Morteza Meftah, MD; Matthew Hepinstall, MD
- Clinical Fellow Physician Researcher** 2021 – 2022
Division of Joint Replacement, Rothman Orthopaedic Institute
Advisors: Javad Parvizi, MD; Yale Fillingham, MD; Jess H. Lonner, MD; Chad A. Krueger, MD; William J. Hozack, MD
- Resident Physician and Medical Student Researcher** 2013 – 2021
Department of Orthopaedic Surgery, David Geffen School of Medicine at UCLA
Advisors: David McAllister, MD; Frank Petrigliano, MD; Kristofer Jones, MD; Erik Zeegen, MD; Nelson SooHoo, MD; Alexandra Stavrakis, MD; Edward McPherson, MD; Arya Shamie, MD; Nicholas Bernthal, MD; Adam Sassoon, MD; Sharon Hame, MD; Benjamin M. Wu, DDS, PhD
- Medical Student Researcher** 2013 – 2014
Department of Head and Neck Surgery, David Geffen School of Medicine at UCLA
Advisor: Maie St. John, MD, PhD
- Undergraduate Student Researcher** 2011 – 2012
Department of Bioengineering, University of California at Los Angeles
Advisor: Dino Di Carlo, PhD
- Undergraduate Student Researcher** 2009 – 2012
Department of Molecular, Cell & Developmental Biology, University of California at Los Angeles
Advisor: Atsushi Nakano, MD, PhD

RESEARCH FUNDING AND FELLOWSHIPS

1. **Armin Arshi, MD (PI)**
Stryker Corporation
“Functional knee positioning using MAKO robotic-arm assisted total knee arthroplasty”
Project Period: 05/01/2025 – 10/01/2025
Total Award: \$49,903
2. **Armin Arshi (PI), David R. McAllister, MD (co-I)**
Leaders of Tomorrow Foundation at UCLA School of Medicine
“Synthetic biomaterial graft substitutes for anterior cruciate ligament reconstruction”
Project Period: 06/01/2015 – 02/01/2016
Total Award: \$5,000
3. **Armin Arshi (PI), Maie A. St. John, MD, PhD (co-I)**
UCLA School of Medicine Short-Term Training Program (STTP)
“Ultrasound-stimulated vibro-acoustic spectrography for high-resolution differentiation of head and neck malignancy”
Project Period: 06/01/2013 – 09/01/2013
Total Award: \$5,000
4. **Armin Arshi (PI), Atsushi Nakano MD, PhD (co-I)**
Oppenheimer Foundation / UCLA Undergraduate Research Scholarship Program
“Application of biomolecular scaffolds and matrix elasticity in cardiac tissue engineering”
Project Period: 09/01/2011 – 06/01/2012

Total Award: \$11,000

5. **Armin Arshi (PI)**, Atsushi Nakano MD, PhD (co-I)
Howard Hughes Medical Institute
“Application of biomolecular scaffolds and matrix elasticity in cardiac tissue engineering”
Project Period: 10/01/2010 – 06/30/2012
Total Award: \$11,000
6. **Armin Arshi (PI)**, Atsushi Nakano MD, PhD (co-I)
Milton Gottlieb Foundation / UCLA Undergraduate Research Scholarship Program
“Application of biomolecular scaffolds and matrix elasticity in cardiac tissue engineering”
Project Period: 09/01/2010 – 06/01/2011
Total Award: \$3,000

PEER-REVIEWED PUBLICATIONS

1. Sarfraz A, Antonioli S, Le DH, Robin JX, Khury FJ, Schwarzkopf R, **Arshi A**, Rozell JC. How do occupational demands affect return to work after total knee arthroplasty? *Knee*. 2025. *Accepted for publication*.
2. Lin YJ, Turner B, Piergrossi D, Rozell JC, Schwarzkopf, **Arshi A**. Return to sports after total hip arthroplasty: patterns of participation and sport-specific outcomes. *J Arthroplasty*. 2025. *Accepted for publication*.
3. Cashman J, Mortazavi SMJ, Indelli PF, Rele S, Haasper C, Yildiz F, Holland CT, Lizcano JD, Auñón-Rubio Á, Tai DBG, Allende B, Alvand A, Arias C, **Arshi A**, Artyukh V, Babis GC, et al. 2025 ICM: Debridement, Antibiotics, and Implant Retention (DAIR). *J Arthroplasty*. 2025. [E-pub ahead of print]. PMID: 41176107 [Article](#)
4. Wininger AE, Romano CL, **Arshi A**, Ramasamy B, Atipiboonsin V, Shahi A, Aguilera SP, et al. 2025 ICM: Nutrition. *J Arthroplasty*. 2025. [E-pub ahead of print]. PMID: 41176102 [Article](#)
5. Cooper AM, Munhoz Lima AL, Luo TD, **Arshi A**, Spangehl MJ, Elganzoury I, Javad Mortazavi SM, et al. 2025 ICM: Antibiotic Prophylaxis in Primary Joint Arthroplasty. *J Arthroplasty*. 2025. [E-pub ahead of print]. PMID: 41161514 [Article](#)
6. Ashkenazi I, Buehring W, **Arshi A**, Aggarwal VK, Bosco JA, Schwarzkopf R. The sustained benefits of gram-negative antimicrobial prophylaxis in total hip arthroplasty: a 10-year retrospective analysis. *Hip Int*. 2025. [E-pub ahead of print]. PMID: 40820895 [Article](#)
7. Anil U, Di Gangi C, Anderson L, Lin CC, Hepinstall M, Meftah M, **Arshi A**. Coronal alignment does not adequately predict femoral rotation axes in total knee arthroplasty: application of a 3D image-based robotic-assisted arthroplasty platform. *Bioengineering (Basel)*. 2025; 12(7): 727. PMID: 40722420 [Article](#)
8. Rajahraman V, Haider M, Saba BV, Rozell JC, Schwarzkopf R, **Arshi A**. Do differences in patient-reported outcome measures for robot-assisted and navigated unicompartamental knee replacement achieve minimal clinically important differences? *Surg Technol Int*. 2025. [E-pub ahead of print]. PMID: 40632911 [Article](#)
9. Cardillo C, Katzman JL, Connolly P, Schichman I, Murtaza H, Schwarzkopf R, Rozell JC, **Arshi A**. What sports are safe following total joint arthroplasty? An analysis of revision rates at a mean 5-year follow-up. *J Arthroplasty*. 2025. [E-pub ahead of print]. PMID: 40541851 [Article](#)
10. Sarfraz A, Antonioli S, Robin J, Rajahraman V, Schwarzkopf R, **Arshi A**, Rozell JC. Does physical job intensity affect return to work and satisfaction rates following primary total hip arthroplasty? *Arch Orthop Trauma Surg*. 2025; 145(1): 342. PMID: 40493230 [Article](#)
11. Ruff G, Sarfraz A, Lawrence KW, **Arshi A**, Rozell JC, Schwarzkopf R. Patient characteristics associated with loss to follow-up after total joint arthroplasty. *J Arthroplasty*. 2025. [E-pub ahead of print]. PMID: 40334949 [Article](#)

12. Schaffler BC, Zaniletti I, **Arshi A**, De M, Schwarzkopf R, Rozell JC. Risk of early manipulation in cemented versus cementless total knee arthroplasty: analysis of the American Joint Replacement Registry. *J Arthroplasty*. 2025. [E-pub ahead of print]. PMID: 40209822 [Article](#)
13. Sandoval CG, Katzman JL, Connolly P, Grossman EL, **Arshi A**, Schwarzkopf R. Why do total joint arthroplasties get canceled on the day of surgery? *J Arthroplasty*. 2025; 40(9): 2291-2297. PMID: 40122218 [Article](#)
14. Cozzarelli NF, Khan IA, **Arshi A**, Sherman MB, Fillingham YA. Total joint arthroplasty patients from distressed communities return to sports and physical activities at lower rates. *J Arthroplasty*. 2025; 40(8): 1972-1978. PMID: 39880054 [Article](#)
15. Schaffler BC, Robin JX, Katzman J, **Arshi A**, Rozell JC, Schwarzkopf R. Aseptic tibial loosening is associated with thickness of the cement: a radiographic case-control study. *J Arthroplasty*. 2025; 40(7): 1869-1874. PMID: 39710212 [Article](#)
16. Gold PA, **Arshi A**. Dealing with complications as a young surgeon. *Arthroplast Today*. 2024; 27: 101419. PMID: 39071839. [Article](#)
17. Lawrence KW, Bloom DA, Rajahraman V, Cardillo C, Schwarzkopf R, Rozell JC, **Arshi A**. Return to athletics after total knee arthroplasty: a survey study of 784 recreational athletes across 12 sports. *Arch Orthop Trauma Surg*. 2024; 144(9): 4115-4124. PMID: 38777908 [Article](#)
18. Bieganowski TR, Bloom DA, Robin JX, **Arshi A**, Schwarzkopf R, Rozell JC. Which preoperative variables improve the predictive accuracy of the risk assessment and prediction tool (RAPT) in primary total hip arthroplasty? *J Am Acad Orthop Surg*. 2024; 32(22): 1025-1031. PMID: 38754131 [Article](#)
19. **Arshi A**, Rozell JC, Aggarwal VK, Schwarzkopf R. NYU Clinical Practice Guidelines for VTE Prophylaxis: Hip and Knee Arthroplasty. *Bull Hosp Jt Dis (2013)*. 2024; 82(2): 103-105. 38739656 [Article](#)
20. Thomas J, Ashkenazi I, Katzman JL, **Arshi A**, Lajam CM, Schwarzkopf R. Is it getting more expensive to treat patients with high comorbidity burden? Financial trends in total knee arthroplasty from 2013 to 2021. *J Arthroplasty*. 2024; 39(9S2): S88-S94. PMID: 38677344 [Article](#)
21. Ashkenazi I, Lawrence KW, Kaplan M, **Arshi A**, Rozell JC, Schwarzkopf R, Lajam CM. Demographic and socioeconomic trends of patients undergoing total knee arthroplasty from 2013 to 2022 – an analysis from an urban orthopaedic hospital. *J Arthroplasty*. 2024; 39(9): 2158-2165. PMID: 38614359 [Article](#)
22. Lawrence KW, Rajahraman V, Meftah M, Rozell JC, Schwarzkopf R, **Arshi A**. Patient reported outcome differences for navigated and robotic-assisted total hip arthroplasty frequently do not achieve clinically important differences: a systematic review. *Hip Int*. 2024; 34(5): 578-587. PMID: 38566302 [Article](#)
23. Ward SA, Habibi A, Ashkenazi I, **Arshi A**, Meftah M, Schwarzkopf R. Innovations in the isolation and treatment of biofilms in periprosthetic joint infection: a comprehensive review of current emerging therapies in bone and joint infection management. *Orthop Clin North Am*. 2024; 55(2): 171-180. PMID: 38403364 [Article](#)
24. Cozzarelli NF, Khan IA, **Arshi A**, Sherman MB, Lonner JH, Fillingham YA. Return to sport after unicompartmental knee arthroplasty and patello-femoral arthroplasty. *J Arthroplasty*. 2024; 39(8): 1988-1995. PMID: 38367903 [Article](#)
25. Habibi AA, Brash A, Rozell JC, Ganta A, Schwarzkopf R, **Arshi A**. Aspirin prophylaxis is not associated with increased risk of venous thromboembolism in arthroplasty for femoral neck fractures: a non-inferiority study. 2024. *Eur J Orthop Surg Traumatol*. 2024; 34(3): 1405-1411. PMID: 38197969 [Article](#)
26. Khan IA, Cozzarelli NF, Sutton R, Ciesielka KA, **Arshi A**, Fillingham YA. Patients requiring both total hip arthroplasty and lumbar spinal fusion have lower hip functional outcome scores: a matched case-control study. *J Arthroplasty*. 2024; 39(5): 1291-1297. PMID: 37952736 [Article](#)

27. Lawrence KW, Raymond HE, Sicut CS, Roof MA, **Arshi A**, Rozell JC, Schwarzkopf R. Indications, clinical outcomes, and re-revisions following revision total hip arthroplasty – does age matter? J Arthroplasty. 2024; 39(4): 1036-1043. PMID: 37879423 [Article](#)
28. Chiou D, Li AK, Upfill-Brown A, **Arshi A**, Hsiue P, Chen K, Stavrakis A, Photopoulos CD. Cementless compared to cemented total knee arthroplasty is associated with more revisions within 1 year of index surgery. Arthroplast Today. 2023; 21: 101122. PMID: 37521088 [Article](#)
29. **Arshi A**, Pham VP, Rozell JC, Aggarwal VK, Schwarzkopf R. NYU Clinical Practice Guidelines for Periprosthetic Joint Infection: Diagnosis and Treatment. Bull Hosp Jt Dis (2013). 2023; 81(2): 151-155. PMID: 37200334 [Article](#)
30. **Arshi A**, Hughes AJ, Robin JX, Parvizi J, Fillingham Y. Return to sport after hip and knee arthroplasty: counseling the patient on resuming an active lifestyle. Curr Rev Musculoskelet Med. 2023; 16(8): 329-337. PMID: 37160556 [Article](#)
31. Khan IA, Sutton R, Cozzarelli NF, Ciesielka KA, Parvizi J, **Arshi A**, Fillingham YA. Patients who have had three or more levels fused during lumbar spinal fusion have worse functional outcomes after total hip arthroplasty. J Arthroplasty. 2023; 38 (7 Suppl 2): S330-S335. PMID: 36893994 [Article](#)
32. Magnuson JA, Griffin SA, D'Amore T, Hughes AJ, Sherman MB, **Arshi A**, Krueger CA. Mortality and complications following early conversion arthroplasty for failed hip fracture surgery. J Arthroplasty. 2023; 38(5): 843-848. PMID: 36496047 [Article](#)
33. **Arshi A**, Khan IA, Ciesielka KA, Cozzarelli NF, Fillingham YA. Participation in sports and physical activities after total joint arthroplasty. J Arthroplasty. 2023; 38(5): 806-814. PMID: 36470366 [Article](#)
34. Khan IA, Magnuson JA, **Arshi A**, Krueger CA, Freedman KB, Fillingham YA. Direct anterior approach in hip hemiarthroplasty for femoral neck fractures: do outcomes differ with approach? A systematic review and meta-analysis. JBJS Rev. 2022; 10(9). PMID: 36053029 [Article](#)
35. **Arshi A**, Sekimura T, Kelley BV, Zeegen EN, Lonner JH, Stavrakis AI. Navigated and robot-assisted technology in total knee arthroplasty: do outcome differences achieve minimal clinically important difference? J Arthroplasty. 2022; 37(8): 1562-1569. PMID: 35367335 [Article](#)
36. ICM-VTE Hip & Knee Delegates. Recommendations from the ICM-VTE: Hip & Knee. J Bone Joint Surg Am. 2022; 104 (Suppl 1): 180-231. PMID: 35315610 [Article](#)
37. ICM-VTE General Delegates. Recommendations from the ICM-VTE: General. J Bone Joint Surg Am. 2022; 104 (Suppl 1): 4-162. PMID: 35315607 [Article](#)
38. Tarabichi S, Grau L, **Arshi A**, Post Z, Ong A, Hozack WJ. Clinical and radiographic outcomes of novel 3D printed highly porous knee cone design. Surg Technol Int. 2022; 40: 357-362. PMID: 36202477 [Article](#)
39. Stavrakis A, **Arshi A**, Chiou D, Hsiue P, Horneff JG 3rd, Photopoulos C. Cemented versus noncemented total knee arthroplasty outcomes. J Am Acad Orthop Surg. 2022; 30(6): 273-280. PMID: 35167508 [Article](#)
40. **Arshi A**, Wellens B, Krueger CA. The changing economic value and leverage of arthroplasty surgeons: how the shift in arthroplasty surgery location impacts the relationship of private surgeons, hospitals, and ambulatory surgery centers. J Arthroplasty. 2022; 37(8): 1455-1458. PMID: 34942346 [Article](#)
41. Upfill-Brown A, Hwang R, Clarkson S, Brodke D, Devana S, Mayer E, Kelley B, **Arshi A**, Lee C. Rates and timing of short-term complications following operative treatment of tibial shaft fractures. OTA Int. 2021; 4(4): e158. PMID: 34765906 [Article](#)

42. Su LD, Garcia-Mansilla I, Kelley BV, **Arshi A**, Fabricant PD, Jones KJ. Clinical outcomes of meniscal allograft transplantation with respect to minimal clinically important difference (MCID). Am J Sports Med. 2022; 50(12): 3440-3446. PMID: 34185154 [Article](#)
43. Upfill-Brown A, **Arshi A**, Sekimura T, Lee C, Stavrakis AI, Sassoon AA. Short-term outcomes of periprosthetic compared to native distal femur fractures: a national database study. Arch Orthop Trauma Surg. 2023; 143(1): 115-124. PMID: 34185154 [Article](#)
44. **Arshi A**, Su LD, Lee C, Sassoon AA, Zeegen EN, Stavrakis AI. Comparison of complication profiles for femoral neck, intertrochanteric, and subtrochanteric geriatric hip fractures. Arch Orthop Trauma Surg. 2023; 143(1): 49-54. PMID: 34110476 [Article](#)
45. Nazemi AK, Upfill-Brown A, **Arshi A**, Sekimura T, Zeegen EN, McPherson EJ, Stavrakis AI. Analysis of perioperative outcomes in hip resection arthroplasty. Arch Orthop Trauma Surg. 2022; 142(9): 2139-2146. PMID: 33625542 [Article](#)
46. McPherson EJ, Sherif SM, Dipane MV, **Arshi A**. Patellar rebar augmentation in revision total knee arthroplasty. J Arthroplasty. 2021; 36(2): 670-675. PMID: 32951925 [Article](#)
47. Su LD, **Arshi A**, Beck JJ. Extensive atraumatic heterotopic ossification of the Achilles tendon in an adolescent with metabolic syndrome: a case report. JBJS Case Conn. 2020; 10(1): e0394. PMID: 32224651 [Article](#)
48. **Arshi A**, Shieh A, Adams JS, Bernthal NM, Zeegen EN, Sassoon AA. Preoperative vitamin D repletion in total knee arthroplasty: a cost-effectiveness model. J Arthroplasty. 2020; 35(5): 1379-1383. PMID: 31983566 [Article](#)
49. Vellios EE, Trivellas M, **Arshi A**, Beck JJ. Recurrent patellar instability in the pediatric patient: management and pitfalls. Curr Rev Musculoskelet Med. 2020; 13(1): 58-68. PMID: 31983043 [Article](#)
50. **Arshi A**, Petrigliano FA, Williams RJ, Jones KJ. Stem cell treatment for knee articular cartilage defects and osteoarthritis. Curr Rev Musculoskelet Med. 2020; 13(1): 20-27. PMID: 31965472 [Article](#)
51. **Arshi A**, Lai WC, Iglesias BC, McPherson EJ, Zeegen EN, Stavrakis AI, Sassoon AA. Blood transfusion rates and predictors following operative fixation of geriatric hip fractures. Hip Int. 2021; 31(2): 272-279. PMID: 31912747 [Article](#)
52. Trivellas M, **Arshi A**, Beck JJ. Roux-Goldthwait and MPFL reconstruction for patellar realignment in the skeletally immature patient. Arthrosc Tech. 2019; 8(12): e1479-e1483. PMID: 31890526 [Article](#)
53. **Arshi A**, Iglesias BC, Zambrana LE, Lai WC, Zeegen EN, Sassoon AA, Stavrakis AI. Postacute care utilization in postsurgical orthogeriatric hip fracture care. J Am Acad Orthop Surg. 2020; 28(18): 743-749. PMID: 31764201 [Article](#)
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BOOK CHAPTERS

1. **Arshi A**, Karas V. "Surgical Anatomy of the Hip". In Marecek (ed): *AAOS Comprehensive Orthopaedic Review, 4th edition*. Wolters Kluwer, Baltimore, 2024.

ABSTRACTS, CONFERENCE PROCEEDINGS, AND SCHOLARLY PRESENTATIONS

INTERNATIONAL MEETINGS

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2. **Arshi A**, Cordero JK, Novikov D, Fujie A, Gahramanov A, Bogan Solomon L, Saldana AE, PiuZZi NS, Ramasamy B, Kigera J. Does the level of preoperative vitamin D have an influence on the incidence of surgical site infection (SSI)/periprosthetic joint infection (PJI) in patients undergoing major orthopaedic surgery? 3rd Meeting of the International Consensus Meeting on Infection. Istanbul, Turkiye. 2025 May 8-10. [Podium presentation].
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NATIONAL MEETINGS

1. Schaffler B, **Arshi A**, Schwarzkopf R, Rozell JC. Risk of early manipulation in cemented vs. cementless TKA: an analysis using the America Joint Replacement Registry. American Academy of Orthopaedic Surgeons 2025 Annual Meeting. San Diego, CA. 2025 Mar 13. [Podium presentation]

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4. Duke A, Haider M, Sarfraz A, **Arshi A**, Aggarwal VK, Schwarzkopf R. Order of stem placement and fracture reduction in modular nad monoblock femoral stems for periprosthetic femur fractures. American Association of Hip and Knee Surgeons 2024 Annual Meeting. Grapevine, TX. 2024 Nov 7-10.
5. Rajahraman, Lawrence KW, Bloom DA, Prinos A, Haider MA, Rozell JC, Schwarzkopf R, **Arshi A**. Clinically important differences are often not achieved in patient-reported outcomes for robot-assisted and navigated unicompartamental total knee arthroplasty: a systematic review. American Academy of Orthopaedic Surgeons 2024 Annual Meeting. San Francisco, CA. 2024 Feb 15. [Podium presentation]
6. Cozzarelli NF, Khan IA, Sherman MB, **Arshi A**, Fillingham YA. Total joint arthroplasty patients from distressed communities return to sports and physical activities at lower rates. American Academy of Orthopaedic Surgeons 2024 Annual Meeting. San Francisco, CA. 2024 Feb 14. [Podium presentation]
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19. Stavrakis AI, **Arshi A**, Hsiue PP, Chiou D, Horneff JG, Photopoulos CD. Cementless total knee arthroplasty is associated with a higher risk of periprosthetic joint infection and periprosthetic fracture. American Academy of Orthopaedic Surgeons 2022 Annual Meeting. Chicago, IL. 2022 Mar 22-26. [Podium presentation]
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21. Stavrakis AI, **Arshi A**, Chiou D, Hsiue PP, Photopoulos C. Outcomes of cemented vs. cementless total knee arthroplasty. American Association of Hip and Knee Surgeons 2021 Annual Meeting. Dallas, TX. 2021 Nov 11-14. [ePoster]
22. Su L, Garcia-Mansilla I, Kelley B, **Arshi A**, Fabricant PD, Jones KJ. Clinical outcomes of meniscal allograft transplantation with respect to minimal clinically important difference. American Academy of Orthopaedic Surgeons 2021 Annual Meeting. San Diego, CA. 2021 Sept 1. [Podium presentation]
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26. **Arshi A**, Shieh A, Adams JS, Bernthal NM, Zeegen EN, Sassoon AA. Preoperative vitamin D repletion in total knee arthroplasty: a preliminary cost-effectiveness model. American Academy of Orthopaedic Surgeons 2020 Annual Meeting. Orlando, FL. 2020 Mar 24-28. [ePoster]
27. Greenberg DC, Chen JB, **Arshi A**, Hame SL. Pre-collegiate upper and lower extremity injury is associated with higher risk of collegiate injury in NCAA Division I athletes. American Academy of Orthopaedic Surgeons 2019 Annual Meeting. Las Vegas, NV. 2019 Mar 12-16.
28. Harada G, **Arshi A**, Rugg C, Vail J, Hame SL. Multiple concussions increases odds and rate of lower extremity injury in NCAA collegiate athletes following return to play. American Academy of Orthopaedic Surgeons 2019 Annual Meeting. Las Vegas, NV. 2019 Mar 12-16.
29. Hegde V, **Arshi A**, Wang C, Buser Z, Wang JC, Jensen AR, Adams JS, Zeegen EN, Bernthal NM. Preoperative vitamin D deficiency is associated with higher postoperative complication rates in total knee arthroplasty. American Association of Hip and Knee Surgeons 2018 Annual Meeting. Dallas, TX. 2018 Nov 1-4. [Podium presentation]

30. **Arshi A**, Park HY, Wang C, Buser Z, Wang JC, Shamie AN, Park DY. Ambulatory anterior cervical discectomy and fusion is associated with a higher risk of perioperative complications. North American Spine Society 2018 Annual Meeting. Los Angeles, CA. 2018 Sept 27. [Podium presentation] [[Award Winner](#)]
31. **Arshi A**, Park HY, Wang C, Buser Z, Wang JC, Shamie AN, Park DY. Outpatient posterior lumbar fusion: a population-based analysis of trends and complication rates. North American Spine Society 2018 Annual Meeting. Los Angeles, CA. 2018 Sept 26-29.
32. Iglesias B, **Arshi A**, Wang C, Buser Z, Wang JC, Williams RJ, Jones KJ. Preoperative diagnostic and treatment costs prior to surgical intervention for articular cartilage lesions of the knee. Arthroscopy Association of North America 2018 Annual Meeting. Chicago, IL. 2018 Apr 26-28.
33. **Arshi A**, Leong NL, D'Oro A, Wang C, Buser Z, Wang JC, Jones KJ, Petrigliano FA, SooHoo NF. Outpatient total knee arthroplasty is associated with higher risk of perioperative complications. American Academy of Orthopaedic Surgeons 2018 Annual Meeting. New Orleans, LA. 2018 Mar 6. [Podium presentation] [[Award Winner](#)]
34. **Arshi A**, Leong NL, Wang C, Buser Z, Wang JC, Vezeridis PS, McAllister DR, Petrigliano FA. Outpatient total shoulder arthroplasty: what are the trends and complication rates relative to the inpatient standard? American Academy of Orthopaedic Surgeons 2018 Annual Meeting. New Orleans, LA. 2018 Mar 6. [Podium presentation]
35. **Arshi A**, Leong NL, Wang C, Buser Z, Wang JC, SooHoo NF. Outpatient total hip arthroplasty in the United States: a population-based comparative analysis of complication rates. American Academy of Orthopaedic Surgeons 2018 Annual Meeting. New Orleans, LA. 2018 Mar 6-10.
36. Park DY, **Arshi A**, Park HY, Wang C, Buser Z, Wang JC, Shamie AN. Outpatient posterior lumbar fusion: a population-based analysis of trends and complication rates. American Academy of Orthopaedic Surgeons 2018 Annual Meeting. New Orleans, LA. 2018 Mar 6-10.
37. Kelley BV, **Arshi A**, Fabricant PD, McAllister DR, Jones KJ. Comparative Effectiveness of Cartilage Repair With Respect to Minimal Clinically Important Difference (MCID). American Academy of Orthopaedic Surgeons 2018 Annual Meeting. New Orleans, LA. 2018 Mar 9. [Podium presentation]
38. **Arshi A**, Sharim J, Park DY, Park HY, Bernthal NM, Yazdanshenas H, Shamie AN. Chondrosarcoma of the osseous spine: a population-based analysis of epidemiology, patient outcomes, and prognostic factors. American Academy of Orthopaedic Surgeons 2017 Annual Meeting. San Diego, CA. 2017 Mar 16. [Podium presentation]
39. Pellionisz PA, Kuan EC, **Arshi A**, St. John MA. Primary mucosal melanoma of the head and neck: A comparative study by primary site. Triological Society 2017 Combined Sections Meeting. New Orleans, LA. 2017 Jan 19-21.
40. Kuan EC, Alonso JE, **Arshi A**, St. John MA. Nasopharyngeal lymphoma: a population-based analysis of 1,119 Cases. American Academy of Otolaryngology-Head and Neck Surgery Annual Meeting and OTO EXPO. San Diego, CA. 2016 Sep 20. [Podium presentation]
41. Alonso JE, Kuan EC, **Arshi A**, St. John MA. A population-based analysis of verrucous carcinoma of the oral cavity. American Academy of Otolaryngology-Head and Neck Surgery Annual Meeting and OTO EXPO. San Diego, CA. 2016 Sep 19. [Podium presentation]
42. Kuan EC, Alonso JE, **Arshi A**, St. John MA. Nasopharyngeal adenocarcinoma: a population-based analysis. American Academy of Otolaryngology-Head and Neck Surgery Annual Meeting and OTO EXPO. San Diego, CA. 2016 Sep 18. [Podium presentation]
43. Au JK, Alonso JE, Kuan EC, **Arshi A**, St. John MA. Squamous cell carcinoma of the thyroid: a population-based analysis. American Academy of Otolaryngology-Head and Neck Surgery Annual Meeting and OTO EXPO. San Diego, CA. 2016 Sep 18. [Podium presentation]

44. Mallen-St. Clair J, Kuan EC, Alonso JE, **Arshi A**, St. John MA. Squamous cell carcinoma of the lip: a population-based analysis. Annual Meeting of the American Head and Neck Society. Seattle, WA. 2016 Jul 18. [Podium presentation]
45. Kuan EC, Alonso JE, Mallen-St. Clair J, **Arshi A**, St. John MA. Squamous cell carcinoma of the retromolar trigone: a population-based analysis of 4,022 cases. Annual Meeting of the American Head and Neck Society. Seattle, WA. 2016 Jul 16-20.
46. Kuan EC, Alonso JE, **Arshi A**, Mallen-St. Clair J, St. John MA. Small cell carcinoma of the head and neck: a comparative study by primary site based on population data. Annual Meeting of the American Head and Neck Society. Seattle, WA. 2016 Jul 16-20.
47. Leong NL, Kabir N, **Arshi A**, Nazemi A, Wu BM, Petrigliano FA, McAllister DR. In vivo evaluation of ultra-high molecular weight polycaprolactone scaffold for engineered ACL graft. American Academy of Orthopaedic Surgeons 2016 Annual Meeting. Orlando, FL. 2016 Mar 1. [Podium presentation]
48. Mallen St. Clair J, **Arshi A**, Kuan EC, Abemayor E, St. John M. Hemangiopericytoma of the head and neck: a population-based analysis. American Academy of Otolaryngology - Head and Neck Surgery Foundation 2015. Dallas, TX. 2015 Sep 30. [Podium presentation]
49. Kuan EC, **Arshi A**, Mallen-St. Clair J, Tajudeen B, Abemayor E, St. John M. Sinonasal undifferentiated carcinoma: a population based analysis. American Academy of Otolaryngology - Head and Neck Surgery Foundation 2015. Dallas, TX. 2015 Sep 29. [Podium presentation]
50. **Arshi A**, Tajudeen BA, St. John M. Malignant peripheral nerve sheath tumors of the head and neck: demographics, clinicopathologic features, management, and treatment outcomes. American Head & Neck Society 2015 Annual Meeting at the Combined Otolaryngology Spring Meetings. Boston, MA. 2015 Apr 22-23.
51. Kim IA, **Arshi A**, Tajudeen B, St. John M. Prognostic indicators and treatment of myoepithelial carcinoma: a population-based analysis. American Head & Neck Society 2015 Annual Meeting at the Combined Otolaryngology Spring Meetings. Boston, MA. 2015 Apr 22-23.
52. Leong NL, **Arshi A**, Kabir N, Nazemi A, Petrigliano FA, Wu B, McAllister DR. In vivo evaluation of heparin mediated growth factor release from tissue-engineered constructs for anterior cruciate ligament reconstruction. Orthopaedic Research Society 2015 Annual Meeting. Las Vegas, NV. 2015 Mar 28-31.
53. Leong NL, Kabir N, **Arshi A**, Nazemi A, Petrigliano FA, Wu B, McAllister DR. In vivo evaluation of tissue-engineered constructs for anterior cruciate ligament reconstruction. Orthopaedic Research Society 2015 Annual Meeting. Las Vegas, NV. 2015 Mar 28-31.
54. **Arshi A**, Cohen JR, Wang JC, Hame SL, McAllister DR, Jones KJ. Trends in the management of patellofemoral instability in the United States: a large population-based analysis. American Academy of Orthopaedic Surgeons 2015 Annual Meeting. Las Vegas, NV. 2015 Mar 24-28.
55. Leong NL, Kabir N, **Arshi A**, Nazemi AN, Wu BM, Petrigliano FA, McAllister DR. In vivo evaluation of tissue-engineered constructs for anterior cruciate ligament reconstruction. American Academy of Orthopaedic Surgeons 2015 Annual Meeting. Las Vegas, NV. 2015 Mar 26 [Podium presentation]
56. Mallen-St. Clair J, **Arshi A**, Peng KA, Palma-Diaz MF, Abemayor E, St. John MA. Tumors of the lacrimal gland: the UCLA experience. Triological Society Annual Meeting at the Combined Otolaryngology Spring Meetings. Las Vegas, NV. 2014 May 14-18.
57. Arom GA, **Arshi A**, Nazemi AN, Yeranorian MG, Wu BM, McAllister DR, Petrigliano FA. Reconstruction of the anterior cruciate ligament using electrospun polycaprolactone in an in vivo rodent model. Orthopaedic Research Society 2014 Annual Meeting. New Orleans, LA. 2014 Mar 15.

58. Leong NL, Kabir N, **Arshi A**, Petrigliano FA, Wu BM, McAllister DR. In vitro characterization of sustained drug release from tissue-engineered ACL scaffolds. Orthopaedic Research Society 2014 Annual Meeting. New Orleans, LA. 2014 Mar 15.
59. Maccabi A, **Arshi A**, Saddik GN, Tajudeen BA, St John MA, Grundfest WS. Ultrasound-stimulated vibro-acoustography for high-resolution differentiation of benign and malignant tissue of the head and neck. NextMed/Medicine Meets Virtual Reality 21. Manhattan Beach, CA. 2014 Feb 21.
60. Tajudeen BA, **Arshi A**, Suh JD, Palma-Diaz MF, Abemayor E, St. John MA, Wang MB. Esthesioneuroblastoma: an update on the UCLA experience 2002-2013. North American Skull Base Society Annual Meeting. San Diego, CA. 2014 Feb 15. [Podium presentation]
61. **Arshi A**, Arom GA, Nazemi AN, Yeranorian MG, Petrigliano FA, Wu BM, McAllister DR. In vivo evaluation of electrospun polycaprolactone for anterior cruciate ligament engineering. Cellular and Molecular Bioengineering Special Interest Group of the Biomedical Engineering Society. San Diego, CA. 2014 Jan 7-11.
62. Kabir N, Leong NL, **Arshi A**, Petrigliano FA, Wu BM, McAllister DR. In vitro characterization of sustained drug release from tissue-engineered ACL scaffolds. Cellular and Molecular Bioengineering Special Interest Group of the Biomedical Engineering Society. San Diego, CA. 2014 Jan 7-11.
63. Kabir N, Leong NL, **Arshi A**, Petrigliano FA, Wu BM, McAllister DR. In vitro characterization of cell proliferation on tissue-engineered ACL scaffolds. Cellular and Molecular Bioengineering Special Interest Group of the Biomedical Engineering Society. San Diego, CA. 2014 Jan 7-11.
64. Dudani J, Tan AP, **Arshi A**, Lee R, Tse H, Gossett D, Di Carlo D. Microfluidic system for automated, quantitative flow cytology. Biomedical Engineering Society Annual Meeting. Seattle, WA. 2013 Sept 26. [Podium presentation]
65. **Arshi A**, Nakashima Y, Nakano H, Eaimkhong S, Reed J, Evseenko D, Stieg AZ, Gimzewski JK, Nakano A. Rigid microenvironments promote cardiac differentiation of mouse and human embryonic stem cells. American Heart Association Basic Cardiovascular Science Symposium. Las Vegas, NV. 2013 Jul 23.
66. **Arshi A**, Nakashima Y, Nakano H, Eaimkhong S, Stieg AZ, Gimzewski JK, Nakano A. Rigid two-dimensional microenvironments promote cardiac differentiation. American Heart Association Scientific Sessions. Los Angeles, CA. 2012 Nov 5.
67. Mach AJ, **Arshi A**, Kim JH, Di Carlo D. Centrifuge-on-a-chip: Rapid and automated sample preparation for cell suspensions. Lab Automation. Palm Springs, CA. 2011 Feb 1.

REGIONAL MEETINGS

1. Rajahraman V, Lawrence KW, Schaffler B, Haider M, Cardillo C, Schwarzkopf R, Rozell JC, **Arshi A**. Running and jogging after total knee arthroplasty: a survey of recreational athletes. Eastern Orthopaedic Association 2023 Annual Meeting. Charleston, SC. 2023 Oct 25-28.
2. Lawrence KW, Rajahraman V, Haider M, Cardillo C, Shaffler B, Schwarzkopf R, Rozell JC, **Arshi A**. Return to recreational cycling after total knee arthroplasty. Eastern Orthopaedic Association 2023 Annual Meeting. Charleston, SC. 2023 Oct 25-28.
3. Khan IA, Cozzarelli NF, Sutton R, Ciesielka KA, **Arshi A**, Fillingham YA. Patients requiring THA and LSF have lower hip functional outcomes. Pennsylvania Orthopaedic Society 2023 Annual Meeting. Pittsburgh, PA. 2023 Sept 27. [Podium presentation]
4. Khan IA, **Arshi A**, Ciesielka KA, Fillingham YA. Participation in sports and physical activities after total joint arthroplasty. Eastern Orthopaedic Association 2022 Annual Meeting. Naples, FL. 2022 Oct 26-29.

5. **Arshi**, Sherif SM, Dipane MV, McPherson EJ. Cortical rebar screws for revision patelloplasty: a novel reconstructive technique. Western Orthopaedic Association 2020 Annual Meeting. Maui, HI. 2020 Aug 5-8.
6. **Arshi A**, Wang P, Esmail AN, Benhaim P. Hospital readmissions following surgical fixation of distal radius fractures. Western Orthopaedic Association 2020 Annual Meeting. Maui, HI. 2020 Aug 5-8.
7. Wang P, **Arshi A**, Esmail AN, Benhaim P. What is the role of body mass index in hand and wrist fracture surgery? Western Orthopaedic Association 2020 Annual Meeting. Maui, HI. 2020 Aug 5-8.
8. **Arshi A**, Shieh A, Adams JS, Bernthal NM, Zeegen EN, Sassoon AA. Preoperative vitamin D repletion in total knee arthroplasty: a preliminary cost-effectiveness model. Western Orthopaedic Association 2019 Annual Meeting. Monterey, CA. 2019 Aug 2. [Podium presentation]
9. **Arshi A**, Lai WC, Iglesias BC, McPherson EJ, Zeegen EN, Stavrakis AI, Sassoon AA. Blood transfusion rates and predictors following geriatric hip fracture surgery. Western Orthopaedic Association 2019 Annual Meeting. Monterey, CA. 2019 Aug 3. [Podium presentation]
10. **Arshi A**, Iglesias BC, Zambrana LE, Lai WC, Zeegen EN, Sassoon AA, Stavrakis AI. Inpatient rehabilitation facility utilization in postsurgical orthogeriatric hip fracture care. Western Orthopaedic Association 2019 Annual Meeting. Monterey, CA. 2019 Aug 3. [Podium presentation]
11. **Arshi A**, Su LD, Lee C, Sassoon AA, Zeegen EN, Stavrakis AI. Are hip fractures created equal? Comparison of complication profiles for femoral neck, intertrochanteric, and subtrochanteric geriatric hip fractures. Western Orthopaedic Association 2019 Annual Meeting. Monterey, CA. 2019 Aug 1-3. [[Award Winner](#)]
12. Iglesias B, **Arshi A**, Wang C, Buser Z, Wang JC, Williams RJ, Jones KJ. Evaluation of diagnostic and treatment costs in the year prior to cartilage repair surgery of the knee. Western Orthopaedic Association 2018 Annual Meeting. Snowmass, CO. 2018 Aug 4. [Podium presentation]
13. Hegde V, **Arshi A**, Wang C, Buser Z, Wang JC, Adams JS, Bernthal NM. Vitamin D deficiency is associated with higher complication rates in total knee arthroplasty. Western Orthopaedic Association 2018 Annual Meeting. Snowmass, CO. 2018 Aug 4. [Podium presentation]
14. Iglesias B, **Arshi A**, Wang C, Buser Z, Wang JC, Williams RJ, Jones KJ. Evaluation of diagnostic and treatment costs in the year prior to cartilage repair surgery of the knee. Western Orthopaedic Association 2018 Annual Meeting. Snowmass, CO. 2018 Aug 3. [Podium presentation]
15. **Arshi A**, Leong NL, D'Oro A, Wang C, Buser Z, Wang JC, Jones KJ, Petrigliano FA, SooHoo NF. Outpatient total knee arthroplasty is associated with higher risk of perioperative complications. California Orthopaedic Association 2018 Annual Meeting. San Francisco, CA. 2018 Jun 2. [Podium presentation] [[Award Winner](#)]
16. **Arshi A**, Leong NL, Wang C, Buser Z, Wang JC, SooHoo NF. Outpatient total hip arthroplasty in the United States: a population-based comparative analysis of complication rates. Western Orthopaedic Association Annual Meeting. Kauai, HI. 2017 Aug 5. [Podium presentation]
17. **Arshi A**, Barad JH, Patel RK, JB Allis, SooHoo NF, Johnson EE. The Crush Index: orthopedic trauma as an economic indicator. Western Orthopaedic Association Annual Meeting. Kauai, HI. 2017 Aug 4. [Podium presentation]
18. Kelley BV, **Arshi A**, Fabricant PD, McAllister DR, Jones KJ. Comparative effectiveness of cartilage repair with respect to minimal clinically important difference (MCID): a systematic review and meta-analysis. Western Orthopaedic Association Annual Meeting. Kauai, HI. 2017 Aug 2-5.
19. Valtanen RS, **Arshi A**, Kelley BV, Fabricant PD, Jones KJ. Clinical outcomes of articular cartilage restoration of the pediatric and adolescent knee with respect to minimal clinically important difference: a systematic review. Western Orthopaedic Association Annual Meeting. Kauai, HI. 2017 Aug 5. [Podium presentation]

20. Sheppard W, **Arshi A**, Hinckel B, Sherman SL, Jones KJ. High variability in evaluating articular cartilage lesions in clinical studies. Western Orthopaedic Association Annual Meeting. Kauai, HI. 2017 Aug 5. [Podium presentation]
21. **Arshi A**, Fabricant PD, Go DE, McAllister DR, Jones KJ. Biologic augmentation of microfracture for treatment of symptomatic chondral defects of the knee: a systematic review. Western Orthopaedic Association Annual Meeting. Indian Wells, CA. 2016 Oct 1. [Podium presentation]
22. **Arshi A**, Sharim J, Park DY, Park HY, Bernthal NM, Yazdanshenas H, Shamie AN. Chondrosarcoma of the osseous spine: an analysis of 974 cases using the SEER registry. Western Orthopaedic Association Annual Meeting. Indian Wells, CA. 2016 Oct 1. [Podium presentation]
23. Leong NL, Kabir N, **Arshi A**, Nazemi AN, Wu BM, McAllister DR, and Petrigliano FA. In vivo evaluation of electrospun polymer grafts for ACL tissue engineering. Western Orthopaedic Association Annual Meeting. Kohala Coast, HI. 2014 Aug 2. [Podium presentation]
24. **Arshi A**, Arom GA, Nazemi AN, Yeranorian MG, Petrigliano FA, Wu BM, McAllister DR. In vivo anterior cruciate ligament reconstruction using electrospun polycaprolactone. Western Student Medical Research Forum. Carmel, CA. 2014 Jan 25. [Podium presentation]
25. Tan AP, **Arshi A**, Kuo D, Lee RJ, Ng E, Di Carlo D. Q-Path: A flow through high-throughput quantitative histology platform. UC Systemwide Bioengineering Symposium. Berkeley, CA. 2012 Jun 22.
26. **Arshi A**, Nakashima Y, Nakano H, Nakano A. Controlled matrix elasticity promotes cardiac differentiation. UC Systemwide Bioengineering Symposium. Santa Barbara, CA. 2011 Jun 13-15. [Podium presentation]

LOCAL PRESENTATIONS

1. **Arshi A**. Hip and knee arthritis: a new generation of care. Optum Leisure World Community Lecture Series. Seal Beach, CA. 2025 November 10.
2. **Arshi A**. Hip and knee replacement: where are we in 2025? UCI Health Community Lecture Series. Rossmoor, CA. 2025 Sept 11.
3. **Arshi A**, Leong NL, Wang C, Buser Z, Wang JC, SooHoo NF. Outpatient total hip arthroplasty in the United States: a population-based comparative analysis of complication rates. Longmire Surgical Society Scientific Day 2017. Los Angeles, CA. 2017 Mar 31.
4. **Arshi A**, Barad JH, Patel RK, JB Allis, SooHoo NF, Johnson EE. The Crush Index: orthopedic trauma as an economic indicator. Longmire Surgical Society Scientific Day 2017. Los Angeles, CA. 2017 Mar 31.
5. **Arshi A**. Synovectomy with combined arthroscopic and open posterior approach for diffuse pigmented villonodular synovitis (PVNS) of the knee. UCSF Department of Orthopaedic Surgery Grand Rounds. San Francisco, CA. 2015 Sep 16.

INVITED LECTURES AND CONTINUED MEDICAL EDUCATION (CME) COURSES

1. AAOS Webinar: ABOS Part II 2027 Board Certification Preparation. Marjoua Y, Upasani V, **Arshi A**, Curran P. 2025 November 7.
2. AAHKS YAG ABOS Part II Board Review Course. Rozell JC, Higuera-Rueda CA, Schwartz A, **Arshi A**, Landy DC, Sarpong NO, Gold PA. 2025 June 29.
3. AAOS Webinar: Final Prep Q&A for the 2025 Part II ABOS Board Exam. Upasani V, Marjoua Y, **Arshi A**, Divi SN, Curran P. 2025 June 10.

4. NYU Langone Orthopedics Webinar. Periprosthetic Joint Infection – A Multidisciplinary Approach to Optimize Successful Treatment. Aggarwal VK, Hochman SE, Meftah M, **Arshi A**, Saadeh PB, Pham VP. 2025 Jan 22.
5. NYU Langone Health Department of Emergency Medicine Grand Rounds. Rozell JC, **Arshi A**. ED Management of Orthopaedic Injuries. 2024 Oct 23.
6. NYU Hospital Brooklyn Grand Rounds. **Arshi A**. Total Joint Replacement at in NYU Brooklyn: The Future is Here. Brooklyn, NY. 2023 July 22.
7. NYU Langone Health Department of Orthopedic Surgery Grand Rounds. **Arshi A**. Vitamin D in arthroplasty: a modifiable risk factor? New York, NY. 2021 Dec 15.
8. JBJS Webinar: Patient discharge after knee replacement: how soon is safe? Berry DJ, SooHoo NF, **Arshi A**, Moskal JT, Spindler KP, Molloy RM, Delanois RE. 2019 Oct 1.

SCIENTIFIC EXHIBITS AND MEDIA

1. **Arshi A**. Taking and Passing ABOS Part II. NYU Langone Orthopedic Digital Library. New York, NY. 2024 Dec 5.
2. Zoller SD, **Arshi A**, Kelley BV, Hart C, Yamaguchi KT, Dowd CL. Review of microvascular surgical training models and implementation of a novel, low-cost and portable model to improve resident access to microvascular training. Academy of Orthopaedic Surgeons 2019 Annual Meeting. Las Vegas, NV. 2019 Mar 12-16.
3. Jones KJ, Leong NL, Cheung E, **Arshi A**, Fabricant PD, Williams RJ, McAllister DR. The diagnosis and management of articular cartilage lesions in the adolescent knee: indications, surgical techniques and clinical outcomes. Academy of Orthopaedic Surgeons 2017 Annual Meeting. San Diego, CA. 2017 Mar 14-18.
4. Jones KJ, **Arshi A**. Combined particulated juvenile cartilage allograft transplantation and MPFL reconstruction for symptomatic chondral defect in the setting of recurrent patellar instability. VuMedi.com Orthopaedics, 2016.

INTELLECTUAL PROPERTY

1. Di Carlo D, **Arshi A**, Tan AP, Lee RJ, Dudani JS. Method for high-throughput in-suspension colorimetric staining and analysis of cellular samples. Assignee: University of California, Provisional Patent Application No. 61/838160 filed on 2013 Jun 21.

MEDIA FEATURES

1. Episode 171: “To Replace or Not to Replace”. The Be More Today Show. May 26, 2025.
2. Host, “Orthopedics” at Doctor Radio (Sirius XM Channel 110), Mondays 6-8PM EST, 2023 – 2025
3. “The Expert Is In: Armin Arshi, MD”. *NYU Inside Health*. August 14, 2023.
4. “Outpatient, inpatient TSA yielded similar complication profiles at 1-year follow-up”. *Orthopedics Today*. September 2018.
5. “Higher risk for surgery for surgical complications reported with outpatient vs inpatient TKA” *Orthopedics Today*. July 2018.
6. “Rigid growth matrix: a key to success of cardiac tissue engineering”. *Science Daily*. April 15, 2013.

7. “NIH announces winners of undergraduate biomedical engineering competition”. *National Institutes of Health Newsroom*. August 2, 2012.

COMMUNITY SERVICE AND VOLUNTEERING

Arthritis Foundation	2022 – present
Farhang Foundation	2018 – present
Biomedical Engineering Society at UCLA, Medical Alumni Advisor	2013 – 2021
CityLab at UCLA	2010 – 2013
UCLA School of Medicine Anatomy Summer Dissection Program	2013
Persian American Society for Health Advancement (PASHA)	2009 – 2012